

KIDS KARATE SUMMER CAMP

July 23rd-24th Friday/Saturday

New kata! Kumite pad training! Self defense!
Games!



INSTRUCTOR PROFILE



Head Instructor- Sensei Paul Atkin, JKA 4th Dan

International North American Champion- Gold & Silver (Las Vegas, 2006)

Ranked 17th out of 260 competitors at last World Championships (Ireland, 2017)

JKA National Team member with 30 years of international competition experience.

JKA National championship results 2nd place kumite, 3rd place kumite,
3rd place team kata

12 x Provincial Champion

Saitama Karate Championships- Gold & Silver (Japan ,2007)

JKA Provincial coach 2019,2018,2017,2013

JKA Instructor C, Examiner D, Official D



Assistant Instructor- Senpai Tyson Cragg, JKA 1st Dan

Current National Champion- 1st place Kumite

JKA National championships- 2nd place Kata

World Athlete/ National Team member

Competed at the World Championships. (Ireland 2017)

17 x Provincial Champion

Instructor at Kelowna Karate & Fitness Inc.

Early Bird Special Registration: (By Sunday, July 18th, 2021)

1. Kids (4-8yrs old) 4 classes available

\$100.00 full camp or \$30.00 per class.

(value of \$120.00!!)

2. Kids (9-14yrs old) 5 classes available

\$130.00 full camp or \$30.00 per class.

(value of \$150.00!!)

Late Registration (From Monday, July 19th – Wednesday, July 21st, 2021)

1. Kids (4-8yrs old): \$160.00 full camp or \$40.00 per class.

2. Kids (9-14yrs old): \$200.00 full camp or \$40.00 per class.

3.

Payment Information:

- Cash or cheque payable to Kelowna Karate and Fitness Inc.
- E-transfer available by sending to kelownashotokan@gmail.com with your full name & detail.

****Please make sure include all the info in your E-transfer***

- your full name, which classes (or full camp) you are attending.

*All Payment in for **Early Bird Special by Sunday July 18th, 2021.**

Any payments made after this date will pay the late registration fee amount.*

No registration is accepted after Wednesday, July 21, 2021

PRE-ORDER SUMMER CAMP T-SHIRTS

\$25.00 for t-shirt

Pre-order's only!!! Must have order & payment in by July 10th, 2021.

- Cash or cheque payable to Kelowna Karate and Fitness Inc.
- E-transfer available by sending to kelownashotokan@gmail.com with your full name & size/color in the detail.

Summer camp schedule

FRIDAY July 23rd

CLASS.1

9:30-10:40am

4-8 years old

Sensei Paul Atkin/Senpai Tyson Cragg
Kihon & New Kata

CLASS.2

11:00am-12:10pm

4-8 years old

Sensei Paul Atkin/Senpai Tyson Cragg
Kumite & Pad Training

CLASS.3

1:30-2:30pm

9-14 years old

Sensei Paul Atkin/Senpai Tyson Cragg
Self defense

CLASS.4

3:00-4:00pm

9-14 years old

Sensei Paul Atkin/Senpai Tyson Cragg
Kihon & New Kata

CLASS.5

4:15-5:30PM

9-14 years old

All belt levels

Sensei Paul Atkin/Senpai Tyson Cragg
Kumite & Pad training

SATURDAY July 24th

CLASS.1

9:00-10:10am

4-8 years old

Sensei Paul Atkin/Senpai Tyson Cragg
New Kihon & Partner Basic Kumite

CLASS.2

10:30am-11:45pm

9-14 years old

Sensei Paul Atkin/Senpai Tyson Cragg
Kumite Drills & New Techniques

CLASS.3

1:00-2:15pm

9-14 years old

Sensei Paul Atkin/Senpai Tyson Cragg
Review new kata, kumite, team challenge

CLASS.4

2:30-3:40pm

4-8 years old

Sensei Paul Atkin/Senpai Tyson Cragg
Review new kata, kumite, games

KYU GRADING (Invite only) 4:30-6:00pm